

## **Drug Addiction Among Youth**

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For a long time, drug addiction among youth have serious proportion all over the world and no country is free from their evil efforts. Both the governmental and non-governmental, voluntary agencies at the national and the international level have come forward to fight this problems. All over the country increasing number of the addiction clinics day by day show the enormity of this problems.

The uncertainties of modern life have given a familiaring to words like depression, anxiety, headaches and stress. These manifestations of a social epidemic are forcing people to look for instant relief and at an arm's length is an apartment of potent mood altering drug which give succors but with devastating consequences.

The young people are the future of nation, they are the leaders of future of the nation, they are the leaders of tomorrow and on them the burden of upholding india's honor and freedom will be placed. It is therefore essential that the planning for the renounce development of this group which comprises the population. The size though significant by itself is not the role factor of determining the importance of this group, the structures and characteristics also counts for much young people every where are aspiring remedies to justice and opportunity. They are seeking remedies to poverty. The role of youth as driving force in social uplift and place at the global level has been highlighted by the united nations particularly observation of International youth year 1985, with the theme participation development and peace. Acquired knowledge should enable to understand the changes that human organism and personality undergo in case a person turns to drugs.

A growing proportion of youth are troubled by the irrelevance of the education system to the issues of life which they have to face. The conditions of wide spread unemployment influences the study and work attitude of youth. The large proportion of educated youth prefer white colour jobs and they are averse to manual work increasing proportion of youth are interested to participate in developmental and community efforts and they show concern in social and public problem.

The youth's addiction issues and the development of an individual treatment plan with addictions education and treatment being two of the primary goals of the overall plan. The addictions counselor makes initial contact with parents of the youth and gathers information and gains the parent's perspective with regard to issues, which need to be addressed.

The parent is also asked to participate in their child's treatment. It was realized that the drug abuse is not only a problem arising out of the availability of such intoxicating drugs but it has a great deal to do with the social conditions which create the demand for or the need for consumption of such substances. The vulnerability of the modern society plays a catalytic role in promoting the consumption and abuse of narcotic and psychotropic drugs.

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With this the need arose for implementing strategies for preventing of drug abuse, educating the people about its ill effects and rehabilitation of the addicts. Drug abuse with the socio-economic conditions or the social dynamics of the population. Therefore, the approach is to recognize drug abuse as a psycho-social medical problem, which can be best handled through community based interventions.

Building awareness and educating people about ill effects of drug abuse. Dealing with the addicts through programme of motivational counseling treatment follow-up and social-reintegration of recovered addicts.

The addiction is a disease which affects a person at many levels. It affects every aspect of the affected person's life at the physical and mental level, in all the person's relationships and even causes the person to lose all sense of morality.

Effective treatment may include behavioral therapy, medicines, or some combination of these. The best drug abuse programs will provide a combination of therapies and services, counseling treatment plan.

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